




Colfe's School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Tender Mild Chicken & Fruit Curry	A Taste of Italy! Homemade Pepperoni Topped Pizza	Roast Gammon with Pineapple & Wholegrain Mustard Gravy	Beef Chilli	Fish 'n' Chips! 100% Cod Fillet Fish Fingers
Meat Free Zone	Chunky Vegetable Curry with Potatoes	Gnocchi Roulade with Spinach & Mozzarella Or Cheese Filled Tortellini	Vegetable Moussaka with Tomato Salsa	Tomato, Courgette & Goats Cheese Tart	Cheese, Potato & Vegetable Pie Topped with Short Crust Pastry
And To Go With	Savoury Vegetable Rice Puppodums Mixed Sambles	Tomato, Olive & Feta Cheese Salad Salad Specials	Mixed Vegetable Medley Roast Potatoes	Homemade Garlic & Olive Bread Nachos Savoury Rice	Crunchy Chips Peas & Sweet Corn
Mama Mia	Beef Bolognese or Leek & Herb Sauce	Tuna & Spring Onion Salsa or Tomato & Basil Sauce	Chicken, Tomato & Chick Pea Sauce or Spinach & Cheese Sauce	Tomato, Pepperoni & Onion Sauce or Mushroom & Herb Sauce	Ham & Mushroom Carbonara or Tomato, Garlic & Onion Sauce
Sporting Jackets	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans
Scrummy Puds	Peach & Sultana Crumble Strawberry Jelly	Semolina Pudding & Jam Chocolate Brownie	Syrup Sponge & Custard Vanilla Cheesecake	Apple & Sultana Pie with Custard Carrot Cake with Frosting	Chocolate Sponge & Vanilla Custard Strawberry Ice Cream

Available Daily: 100% Fresh Salad Bar Fresh Fruit and Homemade Unsweetened Yoghurt



Colfe's School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Tender Diced Beef & Mushroom Pie Topped with Puff Pastry	Tender Pork Chops with Wholegrain Mustard Gravy	Roast Turkey & Cranberry Sauce	Minced Lamb Lasagne	Fish 'n' Chips! 100% Cod Fillet Fish Fingers
Meat Free Zone	Stuffed Peppers	Chunky Vegetable & Chick Pea Casserole	Quorn Sausages in a Yorkshire Pudding	Cheese Tomato Basil & Sweet Pepper Quiche	Spiced Vegetables Rolled in a Tortilla Wrap
And To Go With	Pease & Carrot Mix Chive New Potatoes	Roasted New Potatoes & Onions Broccoli Cauliflower Cheese	Mixed Vegetable Medley Roast Potatoes	Sundried Tomato & Herb Garlic Bread Selection of Salads	Crunchy Chips Peas & Sweet Corn
Mama Mia	Chicken & Asparagus Sauce Courgette & Tomato Sauce	Minced Lamb Bolognese with Spaghetti Mixed Pepper & Onion Sauce	Aubergine Pork & Mushroom Goulash, Aubergine Tomato & Mozzarella Pasta Bake	Diced Quorn Bolognese or Chicken, Courgette & Honey Sauce	Chopped Bacon, Mushroom & Fresh Herb Sauce Cheese & Fresh Herb Sauce
Sporting Jackets	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans
Scrummy Puds	Rhubarb Crumble Orange Jelly	Banana Cake & Custard Strawberry Mousse	Apple & Sultana Sponge with Custard Cherry Flapjack	Hot Chocolate Brownie with Vanilla Custard Nutless Bakewell Tart	Jam Sponge with Custard Chocolate Ice Cream

Available Daily: 100% Fresh Salad Bar and Fresh Fruit and Homemade Unsweetened Yoghurt



Colfe's School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Mild Lamb & Chick Pea Curry	Chinese Chicken Stir-Fry	Roast Topside of Beef with Horseradish Sauce	Baked Cumberland Sausage with Onion Gravy	Fish 'n' Chips! 100% Cod Fillet Fish Fingers
Meat Free Zone	Moroccan Savoury Vegetable Cous Cous or Lentil Dhal	Roasted Vegetables with Halloumi Cheese	Roasted Vegetable & Mozzarella Crostini	French Onion & Cheddar Cheese Tart	Cheese & Chilli Quesadillas
And To Go With	Naan Bread Finger Steamed White Rice Puppodum	Teryaki Noodles Fried Bean Shoots Prawn Crackers	Mixed Vegetbale Medley Yorkshire Pudding Roast Baby New Potatoes	Mashed Potato Baton Carrots Fresh Broccoli	Crunchy Chips Peas & Sweet Corn
Mama Mia	Ham & Mushroom Stroganoff Tomato & Basil Sauce	Tuna & Spring Onion Salsa Lentil & Chick Pea Sauce	Chicken a la King Mediterranean Vegetable Sauce	Vegetable Pasta Bake Or Tomato & Pepperoni Bake	Mild Minced Lamb Chilli Vegetable Chilli Sauce
Sporting Jackets	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans
Scrummy Puds	Mixed Fruit Crumble Blackcurrant Jelly	Rice Pudding Chocolate Brownie	Chocolate & Vanilla Marble Sponge with Custard Lemon Cheesecake	Mixed Fruit Pie with Custard Carrot Cake with Frosting	Lemon Sponge with Custard Vanilla Ice Cream

Available Daily: 100% Fresh Salad Bar and Fresh Fruit and Homemade Unsweetened Yoghurt



Colfe's School Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Tasty Minced Lamb & Vegetable Pie Topped with Mashed Potato	Across The Ocean!!! Homemade Beef Burger in a Bun Topped with Tomato & Lettuce	Roast Chicken Leg with Sage & Onion Stuffing	Macaroni Cheese with Salads	Fish 'n' Chips! 100% Cod Fillet Fish Fingers
Meat Free Zone	Oriental Vegetables & Diced Quorn	Spicy Bean Burger	Mushroom & Fresh Herb Risotto	Fennel & Shallot Tart	Spanish Vegetable Frittata
And To Go With	Steamed White Cabbage Sliced Carrot Wheels	Jacket Wedges Fresh Broccoli Salsa Sauce	Mixed Vegetable Medley Roasted Baby New Potatoes	Garlic Bread Potato Salad Coleslaw Mixed Leaves	Crunchy Chips Peas & Sweet Corn
Mama Mia	Minced Cajun Chicken Sauce Chunky Ratatouille Sauce	Tomato & Pepperoni Sauce Tomato & Basil Sauce	Beef & Bean Chilli Broccoli & Stilton Sauce	Diced Chilli Chicken Sauce Spanish Bean & Quorn Sauce	Chopped Bacon, Tomato & Pimento Sauce Tomato & Onion Sauce
Sporting Jackets	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans	Tuna Pots Grated Cheese Baked Beans
Scrummy Puds	Apple Crumble Lime Jelly	Treacle Tart & Custard Chocolate Mousse	Cherry Sponge with Custard Apricot Flapjack	Lemon Iced Ginger Cake Caramel Slice	Vanilla Sponge with Chocolate Custard Chocolate Ice Cream

Available Daily: 100% Fresh Salad Bar and Fresh Fruit and Homemade Unsweetened Yoghurt